

Learn English Online! / **Aprenda Inglés en línea!**

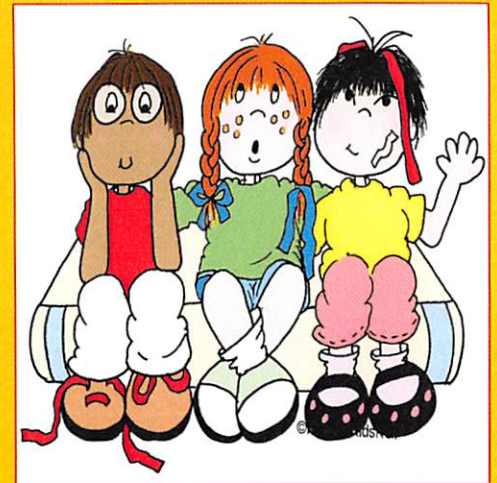
To register / **Para registrarse** 863-425-9288

S.E. 3rd Place, Mulberry, FL 33860

Location/Lugar	Date/Fecha	Time/Hora
Mulberry Parent Center	January/Enero 2019 24 & 29	4:30-6:00 pm
Mulberry Parent Center	January/Enero 2019 9, 11, 23 & 25	9:30-11:00 am

It's free, fun and a great way to learn English online!

Es gratis, divertido y una gran manera de aprender Inglés en computadora/línea!



CENTRAL FLORIDA HEALTH CARE



Central Florida
Health Care

HEALTH CARE WITH A HEART

Central Florida Health Care, Inc.
1514 First Street North
Winter Haven, FL 33881

Dr. Ronald Lund
rlund@cfhconline.org
www.cfhconline.org

New Year's Resolution/**Resoluciones de
Año Nuevo**

To register call/**Para registrarse llamar
863-425-9288**

**Main Entrance/Entrada Principal
S.E. 3rd Place
Mulberry, FL 33860**

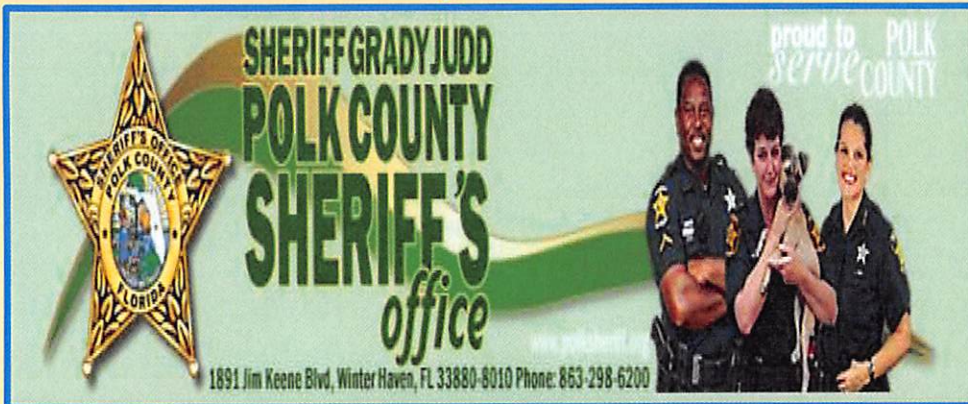
Location/ Lugar	Date/ Fecha	Time/ Hora
Mulberry Parent Center	January/Enero 15, 2019	4:30-5:30 pm
Mulberry Parent Center	January/Enero 16, 2019	9:30-10:30 am

WOMEN'S BASIC SELF-DEFENSE AUTODEFENSA BASICA DE LA MUJER

To register/**Para registrarse**
Call or Visit the Center/**Llamar o Visitar el Centro**
863-425-9288
S.E. 3rd Place, Mulberry, FL 33860

FREE! - Learn basic safety tips and techniques
GRATIS! - Aprenda consejos y técnicas básicas de seguridad

Polk County Sheriff's Office



- **Workshop/Taller:** Women's Basic Self-Defense/**Autodefensa Básica De La Mujer**
- **Date/Fecha:** January/Enero 30, 2019
- **Time/Hora:** 11:00 am - 12:00 pm
- **Location/Lugar:** S.E. 3rd Place, Mulberry, FL Mulberry Middle Parent Title I Parent Resource Center/**Centro de Padres Escuela Intermedia de Mulberry**